



Headteacher: SH Sanderson  
A: Emesgate Lane, Silverdale, Carnforth, LA5 0RF  
T: 01524 701467  
E: [bursar@silverdale.lancs.sch.uk](mailto:bursar@silverdale.lancs.sch.uk)  
W: [www.silverdale.lancs.sch.uk](http://www.silverdale.lancs.sch.uk)

23<sup>rd</sup> March 2023

Dear Parent/ Guardian,

Please find attached a copy of the new Summer Term 2023 dinner menu.

The new Dinner Menu is based on the usual 3 week rolling menu. Please sit down with your child and make your choice over the 3 weeks. Highlight or circle your child's choice of meal, each day that they would like a meal, over the 3 weeks and return back to the office.

The new menu will start week commencing **Monday 24<sup>th</sup> April – Week 1.**

Please note that the dinner menu for:-  
w/c 1<sup>st</sup> May will be Week 2  
w/c 8<sup>th</sup> May will be Week 3  
w/c 15<sup>th</sup> May will be Week 1, etc

**ALL Key Stage One** children are entitled to a Free School Meal. If you wish to take up this entitlement please circle or highlight the menu choices and return to school. However, if your child does not want a school meal please send in a packed lunch.

For KS2 and Nursery children, the cost is **£2.50** per meal and payment should be paid in advance. The most secure and preferred way to pay would be through SCOPAY. Payments may also be paid by cheque (**payable to Lancashire County Council**) or cash. Occasionally I will send out email reminders.

We need to inform the kitchen in Carnforth well in advance of the new menu commencing, to enable them to order the quantities of food, therefore please return your choices form **by Friday 31<sup>st</sup> March 2023.**

Could I just remind everyone to please email or phone school before 9.00am if your child is going to be absent as I phone Carnforth Kitchen every morning with the day's numbers of meals around 9.30am, so it is important that if your child is going to be late, or is ill, that you contact the school. Because either your child's meal may be cancelled or you may be charged for a meal that your child won't be eating.

We hope that everyone will be happy with the new menu.

Yours faithfully,

Mrs J Taylor  
Office Administrator



Inspiring success through learning, community and faith.

I can do all things through Christ who strengthens me – Philippians 4:13

Name of child:-

F+ Spring & Summer 2023	MONDAY	SUGARWISE TUESDAY	SUGARWISE WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES	
<b>Week 1</b> Week Commencing: 24th April, 15th May, 5th & 26th June 18th September, 9th & 30th October	<b>Choice 1</b> Crispy Salmon Fillet Fingers Filled Free Range Omelette Tomato & Mascarpone Pasta (v) Vanilla Sponge & Custard	Herby Potatoes & Mixed Vegetable Medley Herby Potatoes & Baked Beans Homemade Crusty Bread & Salad Selection Fruit Selection & Organic Milk	Roast Beef Yorkshire Pudding & Gravy Cooks Choice of French Bread Pizza Pasta Neapolitan (v) Lancashire Cheese & Biscuits or Fruit Yoghurt	Homemade Chicken or Quom Curry Baked Jacket Potato with a Choice of Filling Cheese & Tomato Pasta Bake (v) Fruity Oat Cookie	Crispy Golden Crumb Fish Fingers Homemade Pizza Margherita (v) Selection of filled Wraps or Sandwich Rolls (v) Chocolate Muffin	
	<b>Choice 2</b> Filled Free Range Omelette Tomato & Mascarpone Pasta (v) Vanilla Sponge & Custard	Herby Potatoes & Baked Beans Homemade Crusty Bread & Salad Selection Fruit Selection & Organic Milk	Cooks Choice of French Bread Pizza Pasta Neapolitan (v) Lancashire Cheese & Biscuits or Fruit Yoghurt	Baked Jacket Potato with a Choice of Filling Cheese & Tomato Pasta Bake (v) Fruity Oat Cookie	Freshly Prepared Salad Selection Homemade Crusty Bread & Salad Selection Fruit Selection & Organic Milk	Oven Baked Chips or New Potatoes & Garden Peas Oven Baked Chips or Pasta Salad & Sweetcorn Oven Baked Chips or New Potatoes & Salad Selection
	<b>Choice 3</b> Tomato & Mascarpone Pasta (v) Vanilla Sponge & Custard	Herby Potatoes & Baked Beans Homemade Crusty Bread & Salad Selection Fruit Selection & Organic Milk	Cooks Choice of French Bread Pizza Pasta Neapolitan (v) Lancashire Cheese & Biscuits or Fruit Yoghurt	Baked Jacket Potato with a Choice of Filling Cheese & Tomato Pasta Bake (v) Fruity Oat Cookie	Freshly Prepared Salad Selection Homemade Crusty Bread & Salad Selection Fruit Selection & Organic Milk	Oven Baked Chips or New Potatoes & Garden Peas Oven Baked Chips or Pasta Salad & Sweetcorn Oven Baked Chips or New Potatoes & Salad Selection
	<b>Dessert</b> Vanilla Sponge & Custard	Fruit Selection & Organic Milk	Lancashire Cheese & Biscuits or Fruit Yoghurt	Fruit Selection & Organic Milk	Fruit Selection & Organic Milk	Fruit Selection & Organic Milk
<b>Week 2</b> Week Commencing: 1st & 22nd May, 12th June 3rd & 24th July, 14th August 4th & 25th September, 16th October	<b>Choice 1</b> Vegetarian Sausage Roll & Tomato Sauce (v) Baked Jacket Potato with a Choice of Filling (v) Cheese & Tomato Pasta Bake (v) Fruit Jelly & Orange Wedges	Creamed Potatoes & Mixed Vegetable Medley Booths Pork & Vegetable Sausages Cooks Choice of Toasted Panini Pasta Arabbiata (v) Carrot Cake Muffin	Roast Chicken Yorkshire Pudding & Gravy Baked Jacket Potato with a Choice of Filling Creamy Macaroni & Cheese Bake (v) Chocolate Shortbread Biscuit & Melon Wedges	Mild Chili Beef Tacos Puff Pastry Cheese Whirl (v) Pasta Neapolitan (v) Coconut Cookie	Harry Ramsden's Crispy Battered Fish Fillet Homemade Pizza Margherita (v) Selection of filled Wraps or Sandwich Rolls (v) Summer Treat Dessert	
	<b>Choice 2</b> Baked Jacket Potato with a Choice of Filling (v) Cheese & Tomato Pasta Bake (v) Fruit Jelly & Orange Wedges	Cooks Choice of Toasted Panini Pasta Arabbiata (v) Carrot Cake Muffin	Baked Jacket Potato with a Choice of Filling Creamy Macaroni & Cheese Bake (v) Chocolate Shortbread Biscuit & Melon Wedges	Puff Pastry Cheese Whirl (v) Pasta Neapolitan (v) Coconut Cookie	Herby Potatoes & Baked Beans Homemade Crusty Bread & Salad Selection Fruit Selection & Organic Milk	Oven Baked Chips or New Potatoes & Garden Peas Oven Baked Chips or Pasta Salad & Sweetcorn Oven Baked Chips or New Potatoes & Salad Selection
	<b>Choice 3</b> Cheese & Tomato Pasta Bake (v) Fruit Jelly & Orange Wedges	Pasta Arabbiata (v) Carrot Cake Muffin	Creamy Macaroni & Cheese Bake (v) Chocolate Shortbread Biscuit & Melon Wedges	Pasta Neapolitan (v) Coconut Cookie	Homemade Crusty Bread & Salad Selection Fruit Selection & Organic Milk	Oven Baked Chips or New Potatoes & Garden Peas Oven Baked Chips or Pasta Salad & Sweetcorn Oven Baked Chips or New Potatoes & Salad Selection
	<b>Dessert</b> Fruit Jelly & Orange Wedges	Carrot Cake Muffin	Chocolate Shortbread Biscuit & Melon Wedges	Coconut Cookie	Fruit Selection & Organic Milk	Fruit Selection & Organic Milk
<b>Week 3</b> Week Commencing: 8th & 29th May, 19th June 10th & 31st July, 21st August 11th September, 2nd & 23rd October	<b>Choice 1</b> Pulled BBQ Chicken Melt Tortilla Lancashire Butter Pie (v) Tomato & Mascarpone Pasta (v)	Swedish Style Veggie Meatballs (v) Baked Jacket Potato with a Choice of Filling Pasta Neapolitan (v) Lancashire Cheese & Biscuits or Fruit Yoghurt	Roast Pork Yorkshire Pudding & Gravy Cooks Choice of French Bread Pizza Creamy Veggie & Cheese Pasta (v) Fruity Oat Cookie	Booths Beef Burger in a Bun & Tomato Ketchup Baked Jacket Potato with a Choice of Filling Cheese & Tomato Pasta Bake (v) Shortbread Biscuit & Melon Wedges	Crispy Golden Crumb Fish Fingers Homemade Pizza Margherita (v) Selection of filled Wraps or Sandwich Rolls (v) Chocolate Cookie	
	<b>Choice 2</b> Lancashire Butter Pie (v) Tomato & Mascarpone Pasta (v)	Baked Jacket Potato with a Choice of Filling Pasta Neapolitan (v) Lancashire Cheese & Biscuits or Fruit Yoghurt	Cooks Choice of French Bread Pizza Creamy Veggie & Cheese Pasta (v) Fruity Oat Cookie	Baked Jacket Potato with a Choice of Filling Cheese & Tomato Pasta Bake (v) Shortbread Biscuit & Melon Wedges	Freshly Prepared Salad Selection Homemade Crusty Bread & Salad Selection Fruit Selection & Organic Milk	Oven Baked Chips or New Potatoes & Garden Peas Oven Baked Chips or Pasta Salad & Sweetcorn Oven Baked Chips or New Potatoes & Salad Selection
	<b>Choice 3</b> Tomato & Mascarpone Pasta (v)	Pasta Neapolitan (v) Lancashire Cheese & Biscuits or Fruit Yoghurt	Creamy Veggie & Cheese Pasta (v) Fruity Oat Cookie	Cheese & Tomato Pasta Bake (v) Shortbread Biscuit & Melon Wedges	Freshly Prepared Salad Selection Homemade Crusty Bread & Salad Selection Fruit Selection & Organic Milk	Oven Baked Chips or New Potatoes & Garden Peas Oven Baked Chips or Pasta Salad & Sweetcorn Oven Baked Chips or New Potatoes & Salad Selection
	<b>Dessert</b> Chocolate Brownie & Chocolate Sauce	Lancashire Cheese & Biscuits or Fruit Yoghurt	Fruity Oat Cookie	Shortbread Biscuit & Melon Wedges	Fruit Selection & Organic Milk	Fruit Selection & Organic Milk