

Year 5/6 Coniston
camping residential
24th and 25th May 2023



Timetable: day 1



- 8:00am. Arrive at school. Children gather in school hall. Please leave your child at the main entrance
- 8:30am. Minibus leaves.
- 9:30am. Arrive in Coniston
- 10:00 – 12:30. Activity 1. Group 1 – Canoeing. Group 2 – Ghyll Scrambling
- 12:30 – 1:30pm. Lunch
- 1:30 – 4:00pm. Activity 2. Group 1 – Ghyll Scrambling. Group 2 – Cathedral Caves
- 4:00 – 5:30pm. Pitching tents
- 5:30 – 7:00pm. Tea
- 7:00 – 9:00pm. Orienteering/rounders
- 9:00 – 10:00pm. Hot chocolate, snack, preparing for bed.
- 10:00pm. Lights out!!!



Timetable: day 2

- 7:00am. All wake up after an amazingly peaceful night's sleep!!
- 8:00am. Breakfast. Pack bags.
- 09:00 – 11:30. Activity 3. Group 1 – Cathedral Caves. Group 2 – Canoeing
- 11:30 – 12:30. Lunch
- 12:30 – 15:00. Activity 4. Group 1 and 2 raft building
- 15:30 – Leave site
- 16:30 - Arrive back at school. Children can be picked up from the front of school.

Food



- Please pack a packed lunch for Thursday lunchtime, with plenty to drink. NO FIZZY DRINKS!
- Wednesday pm: BBQ
- Wednesday evening: biscuits and hot chocolate
- Thursday am: Bacon sandwiches/toast
- Thursday lunchtime: Picnic – to be provided,
- Snacks/drinks – be sensible! Don't send your children with a mountain of sweets; we don't want to be clearing up sick at 3:00am! No midnight feasts!
- They will be able to fill water bottles – we will have orange and blackcurrant squash available.



Kit list

- Pack your child's bag with them so they know what is in it and where.

Day Rucksack

- Packed lunch, drinks (water bottle) and snacks for the first day
- Waterproof over trousers (if you have them), warm hat and gloves, sun hat and sun cream (all weather dependent).
- Inhaler/ medication should it be required.

Kit list

Overnight bag



- Sleeping bag and pillow
- Outdoor PE kit/playing out clothes (x 4)
- 4 x full changes of socks/underwear
- Trainers (x2) One pair for wet activities and one for outdoor activities (both pairs are likely to get muddy)
- If children have lake shoes, they can bring these as well.
- Flipflops/sliders/pumps to wear when going to toilet/shower (optional)
- Carrier bags (for wet clothes)
- Pyjamas
- Towel
- Wash bag with soap, toothbrush etc.
- Torch
- Teddy (for company!) Book, Magazine
- **Children are NOT to bring mobile phones or other devices.**

Staffing arrangements



- 2 members of staff: Miss Sanderson and Mrs Greenall 1 governor Cheryl McDonald. Steve Edge will be coming for the evening
- 1 member of BigAdventure staff at all times: Phil Longbottom
- 1 instructor per activity.
- 2 groups for activities: 2x 6/7 children
- “Awake rota” for night time to ensure member of staff always available.
- Children made aware of which staff member’s tent they need to go to if they need toilet

Other arrangements



- 6/7 children in a bell tent.
- Showers are available.
- Mrs Taylor base contact: she will contact parents via Scopay text/email if emergency. Will contact via phone if individual needs contacting.
- Will try and upload a group photo to Facebook in the evening – no promises.
- If you don't hear from us, don't panic!!
- Any questions













