



A massive St John's well done to all our Silverdale Stars this week.

CURLEWS - Fiadh

For an excellent start to the new term, sharing ideas and being proud of her achievements.

BITERNS – Charlie Sh

For a brilliant attitude and showing a mature and sensible manner

HARRIERS – Fabian

For being motivated and enthusiastic about his learning, especially in history.

Staffing

There's still opportunity for some hours of work in after school club. If anyone is interested in 3hrs, for one night a week, please see Mrs Taylor or Miss Sanderson. We are yet to fill the site supervisor post too. If you (or anyone you know) would like to clean 2.5 hours a day (before or after school) and then do 1x 2.5 hours a week maintenance (can be blocked together to make longer shifts over a term) then, please see Miss Sanderson for job description.

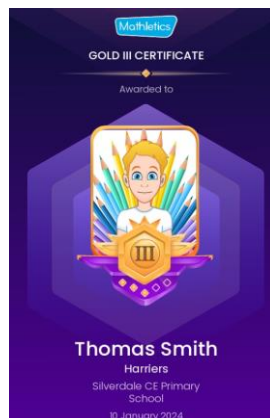
We also need lunchtime staff!

If you would like some or all of the above – we would love to hear from you!

Friday Thought

Grace and peace to you from God our Father and the Lord Jesus Christ, who gave himself for our sins to rescue us from the present evil age... —Galatians 1:3-4

Gold Winner!



Well done to Thomas Smith, who has the first Gold award for Mathematics in school. Thomas had been getting consistent silver awards. But over Christmas he earned his 20th Bronze Certificate. This also gave him his 4th Silver certificate, which, in turn, earned him a Gold Certificate.

Outdoor Education

These trips will be taking place WC 19th February 2024. They are always such a good opportunity for children to develop their resilience in the outdoors, to work collaboratively and to have new and exciting experiences. This year, we will be working with the team at High Borrans. This outdoor centre comes with a very good reputation. They have climbing walls on site, ropes courses and a small lake for canoeing and kayaking. Our first trip will be with Nursery and Reception on 19.02.24. Dan Willan coaches are taking us. Year 1 and 2 have theirs on 21.02.24. Miss Sanderson will be driving the minibus. Year 3/4 are having their overnight stay/trip on 22/23.02.24. We will be taking the minibus and cars for this one.

Attendance – this week

Curlews = 74.7%
Bitterns = 80.3%
Harriers = 82.6%

Class Blogs

It's Curlews' class this week! Please [click](#) on the link to gain an insight into what the children have been learning in class. Please also check out our school [Facebook](#) page.



Newsletter – WC 8th January 2024

Inspiring success through learning, community and faith.

I can do all things through Christ who strengthens me

– Philippians 4:13

Family Worship

We love that so many of you enjoy family worship. It is such a wonderful time to come together as a family. Please can we ask, that if you have a tea or coffee, that you pop a little donation into the jar. It helps with school finances and keeps Mrs Taylor happy in the office! We have to beg for glue sticks. She will make parents beg for coffee, if donations aren't made???

Young Voices

Young Voices is on Tuesday 6th February. We can't wait!!! There are 2 spare seats on the coach if any parents would like a lift - £10 each. NB – children will come back to school with us on the coach after the concert. There are thousands trying to leave the arena. It's much easier if we travel together. We are looking forward to joining Wilson's Endowed this year, from Over Kellet. We will all be travelling together. Yippee!

Premises

The ceiling in Bitterns class should be complete on Monday. This will help HUGELY with acoustics and hopefully support those children that are noise sensitive. The partitioning wall in Curlews will start on Wednesday. For now, this will stay as an 'opening', but going forward (when we go back to 4 classes) double doors will partition the area. Again, helping with heat and acoustics.

New Starlings!

It's been wonderful welcoming our new nursery children to school this week. A big Silverdale St John's 'HELLO' to Robyn, Arlo, Ezra, Alfie, Paisley and Torvi. The children have settled beautifully and with such confidence. We are super proud!

Next Week...

15.01.24 – Closing date Primary admissions
16.01.24 – Speech and Language Therapist in school
16.01.24 – Learning Behaviour training
19.01.24 – SPORTSREACH FAMILY WORSHIP

Playground Project

We think we had our final meeting about this yesterday (hopefully). There have been many conversations with the diocese and the governors. We are hoping the playground project will be started next half term.
Details to follow.

Lunches

Week 3 WC 15.01.24

There are many children (8 on Thursday) not eating their lunches (school dinners) This is such a concern to us, as it means children aren't eating all day – and not getting the vital nutrients they need. Please can you choose lunches carefully WITH your children. Why not show them the menu and give them some ownership. Make a note of what you have ordered, so children can remember themselves/know on the day. We try to discourage last minute changes, but we will always try and be accommodating if children really decided they have changed their minds.



Primary/Nursery Admissions

Will your child turned 3 this term? We have spaces available in Nursery starting after Easter.

Please come and have a look around our wonderful provision or contact the office for a booking form. The application process for primary school places for September 2024 is now open.. To apply use this online form, please [click here](#). Primary applications close on 15th January 2024..

Top Tips for...

MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive environments where the mental health of pupils and personnel is prioritised.



DEVICE BOX

The National College



National Online Safety

#WakeUpWednesday

@natonlinesafety

/NationalOnlineSafety

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@national_online_safety

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