



Newsletter – WC 2nd September 2024

Inspiring success through learning, community and faith.

I can do all things through Christ who strengthens me

– Philippians 4:13



A massive St John's well done to all our Silverdale Stars this week.

Bertie, Robin, Axel, Flynn –

for a FANTASTIC FIRST WEEK IN 'BIG SCHOOL'

All the children

For a fantastic start to the academic year!

Asda Cashpots



If you shop at Asda, please add Silverdale St John's Primary School to your rewards app? We get a donation from Asda every time you shop!

Meet the Teacher

Meet the teacher is on **Wednesday 18th September**. Miss Sanderson will be sharing the headlines of data, all the new initiatives we have put in place and sharing the school improvement plan for this year. There will be an opportunity for you to have input into the SDP. Class teachers will then be available to talk about routines for class for this academic year. The time slots are 18:00-18:20 with Miss Sanderson in hall, and then each teacher will hold an 18:20-18:40 and a 18:40-19:00 slot. This is for those of you with more than one child can attend all classes.

PE kits

Please don't forget to send your child with a PE kit to school. The kit is as per our [uniform policy](#). Children do PE twice a week, and they are also now running every day. All children will need trainers in school – ones that will ideally stay for the week if possible, as it saves having to remember them every day. Wellies will also be needed soon, as we travel into Autumn.

Parish Magazine

If you would like to read 'an interview with Miss Sanderson', written by Helen Donahue, It's in the parish magazine this month.

Online learning platforms

The teachers have spent a lot of time ensuring all the online platforms are set up ready for the children for this academic year. Please, please, please can you ensure ALL children access their online learning platforms. These are a valuable resource in school and for you, at home. They not only consolidate learning, but they encourage children to be independent.

Our current online learning platforms are

Mathletics

Spelling Shed

Times Table rockstars.

All links to platforms will be posted on google classroom every week, just as a reminder. Spelling lists will also be posted on Google classroom. All passwords are in your child's reading record. Please keep these safe.

Please can we ask that reading books and reading records come into school EVERY day. We need the passwords too, and we also need to listen to your children read. Reading records mean we can mark down any progress.

Open Evenings

QES for year 6 on

12th 18th September – click [here](#) to book
Dallam for Year 5/6

19th 26th September – click [here](#) to book

Swimming

Year 1 start swimming next Wednesday at Bleasdale school. Please ensure you have your goggles letter, which is going home this evening. The sessions run from 13:00-14:00 and are led by Diane Knowles of Starfish swimming

Lunches

Week 1 WC 09.09.24



The words of Jesus: Our Christian Value this week is Thankfulness



What was your favourite holiday read? Can you share any good books with us? Novels, nonfiction – adult and children. We are exploring a new Key stage 2 resource, and may be asking for any unwanted books. Please watch this space!

Class Blogs

Class blogs will start again next week. These will be on a 3-week rolling programme. Starting with Starlings/Curlews. The blogs will give you a chance to see photographs, and an insight into what children have been learning in class.

Permissions letter

Don't forget to complete your permissions letter asap and return to Mrs Taylor, so we can update our records.

Friday Thought

And the Levites ... said: "Stand up and praise the LORD your God, who is from everlasting to everlasting."—[Nehemiah 9:5](#)

Attendance

Remember, absences can have a lasting effect on learning. Missing a week of school means your child will miss around 25 hours of learning. This creates gaps in their knowledge and could mean they will not meet their full potential

Playground

We raised over £4000 for playground before the summer holidays. AMAZING! This means that all the foundational 'structures' are in place now. Thanks to Laurel for planting trees and bushes and all sorts of wonderful flora over the holidays, and to her mum for watering them throughout August! We now need painters for the fence! If you can give an hour, please see Miss Sanderson.

Next Week...

FAIRTRADE FORTNIGHT STARTS
09.09.24 – Parent lookaround
10.09.24 - Jam Club starts
10.09.24 – Miss Sanderson to see school adviser
13.09.24 – closing date TA post
13.09.24 – Miss Sanderson Early Help training
13.09.24 – Football club starts
CHECK THE SCHOOL [WEBSITE CALENDER](#) FOR FUTURE DIARY DATES

Harvest

Harvesting the Love of Learning

This year the appeal is supporting the work of the Anglican Diocese of Multan in Pakistan. The Diocese of Multan is trying to improve the resources and provision in their ten primary schools and further develop their women's literacy programme.

'Harvesting the Love of Learning' may seem a very strange title for a Harvest Appeal when traditionally Harvest Festival is about food. However, in the same way that food nourishes our bodies and enables us to grow, education nourishes our minds which also enables us to grow. Bishop Philip challenges everyone to support the appeal by completing a Harvest Heptathlon!

Enjoy celebrating Harvest this year and it would be brilliant if your school could join in with supporting the Bishop's Harvest Appeal 2024.

Mid Morning Snack

Flapjack is available again at play time for 20p. Please make sure all children have money with them to buy it. Either bring in money everyday, or leave a small amount with Mrs Taylor.

10 Top Tips for Parents and Educators SUPPORTING CHILDREN GOING BACK TO SCHOOL

Change can be hard for children to manage. Going back to school after a long summer break might cause them to feel uncertain about their friendships, school routines and relationships with new teachers. However, trusted adults play an important role in providing both practical and emotional support.

1 LEARN WHAT EQUIPMENT YOU NEED

Figure out a list of all equipment needed for the start of the school year, so you can comfortably get your hands on the necessary items in time. If children have any financial issues and receive free school meals, the school may be able to provide some monetary aid or offer other support.

2 COMMUNICATE WITH THE SCHOOL

If you notice that a child is feeling anxious about a change of teacher or school, arranging a one-to-one meeting with their new teacher can be a good way to alleviate some of the anxiety. Just knowing that they understand the child's worries and will be able to help them if the need arises can build the foundations of a good working relationship. Knowing that you can contact them with any queries can also be reassuring.

3 CHECK THE SCHOOL WEBSITE

There will be plenty of information about the start of term on the school's website to keep you updated. Furthermore, you should be able to find other useful information such as contact details for staff, important school equipment, clubs, and news about any special events on the school calendar for the year. It could be helpful to look through this with children for anything which might reassure them.

4 HELP TO MANAGE FRIENDSHIPS

If a child is feeling anxious about making new friends – especially if they're moving up to secondary school – it can be a good idea to remind them of what they could do or say when meeting new classmates. Investigating the extracurricular activities available could be a good way to open a conversation about their hobbies and pastimes, and joining such clubs could allow new friendships to be built on this mutual interest.

5 PLAN SELF-CARE

Talking to children about how they can manage their self-care can be an effective way of helping them understand its importance. This might involve playing a computer game they love with friends, a weekly visit to the library, getting to bed at the same time each night, or a range of other activities that support their wellbeing and provide the familiarity and safety of a routine that works for them.

6 MANAGE TRICKY FEELINGS

Explain that it's okay to have difficult feelings around returning to school. This can help reduce any shame or embarrassment a child might be feeling over these emotions. Emphasise that other children – even some of the teachers – will be feeling the same way. Consider practical ways to manage these feelings and help children feel more in control of their emotions. Some examples include fidget toys, breathing exercises or a notepad for doodling.

7 SECURE A SCHOOL UNIFORM

Parents and carers should try to buy a child's uniform for the new academic year well in advance of the new term (although allowing for potential holiday growth spurts) and give them time to adapt to any changes. Make sure they can comfortably change into and out of it for PE lessons. Double check the requirements for PE on the school's website, as some schools will also have requirements for PE kits.

8 PREPARE FOR TRANSITION DAYS

Ensuring that children attend transition days is a vital step in preparing for the new year. Some schools also have transition evenings for parents and carers to attend, offering extra opportunities to reach out for any additional support.

9 READ THE MENTAL HEALTH POLICY

If a young person struggles with their mental health, it's important to understand their school's mental health policy and provision to know what support is available. This should be on the school's website. A range of aid is typically on offer – from individual timetable amendments to group sessions on emotional wellbeing. You can then discuss these options with the child to reassure them that help is there if they need it.

10 LEARN ABOUT SEN SUPPORT

If a child has SEN and receives help in school, try to confirm exactly what support is available, to ensure they'll be having their needs met. If they're moving up to secondary school, it's a good idea to meet with the SENCO to ensure that all teachers receive the most relevant, up-to-date information about the child's needs and have a contact to liaise with if these change over time.

Meet Our Expert

Amy Sayer is a freelance mental health trainer for schools, an author and a content writer. She is an Associate for Diverse Educators, a fellow of the Chartered College of Teaching and ITT wellbeing coach. Amy has previously been a SMHL coach, helping many different settings audit their mental health provision and support them to create and implement a strategic plan based on the specific needs of each setting.



#WakeUpWednesday

The National College