



A massive St John's 'well done' to all our Silverdale Stars this week.

Curlews – Teddy

For brilliant problem solving and accurate measuring of length and height in Maths.

Well done, Teddy!

Bitterns – Molly

For sparky sense of humour and a wonderful sense of 'self'!

Harriers – Alice

For always being learning ready and working hard every day. You are a super star!

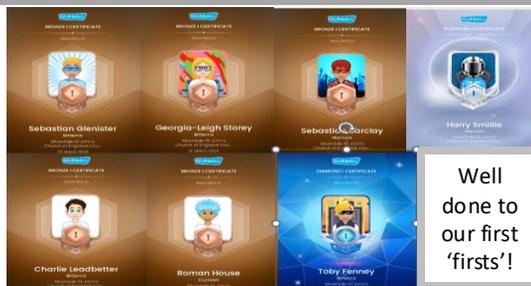
Spring Horticultural Show

The children worked hard on their creations last Friday. They will be exhibited at the Gaskell Hall on Saturday 28th March. There will be individual prizes and class prizes. The standard is high again this year – the horticultural team working very hard with the children and their teachers. We are so grateful to our community for the support and skills they share.

Lunchtime Legends

Our 'Lunchtime Legends' this week are... Evie, Jax, Oly, Scout. Super eating, super manners, super children!

Mathletics



Well done to our first 'firsts'!

Class Blog

It's Curlews' class this week to share their [blog](#). Why not take a look to see what they have been doing in and out of class.

Curriculum Overviews

Curriculum overviews for this half term, are now available to read on the website. Your child should have brought a paper copy home too.

[Curlews](#) [Bitterns](#) [Harriers](#)

Friday Thought

The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control. Against such things there is no law.

—Galatians 5:22-23

Church News

Why not pop along to the 09:00 service (Parish room) or the 'all family' service on Sunday at 10:30.

NISCU listening service

Niscu work alongside school pastoral teams to support the ongoing work within the school. Local volunteers are trained to listen to children, using the active reflective listening model, and then apply it specifically to a schools context. We will welcome Sue Edmonson into school next term. Sue will be with us on a Thursday morning – listening to children read, and providing an opportunity for them to talk and have an attentive listening ear. For more information, visit the [Niscu website](#). The [parent leaflet](#) is particularly informative and will give you a flavour as to what the 1-1 listening is all about.

Easter Service

We will be holding a special Easter Service next Friday in church at 09:30. The children will be leading in reading and songs. The Open the Book team will also be joining us. Please come along and support us. There will be no family worship in school next Friday.

After school Club

Mrs Robinson will no longer be with us in After School Club. We thank her for her love and care for the children in the time she has been with us. Mrs Postlethwaite will be taking over for now, with the support of Mrs Alderson and Ms Croston

PTA Events

Easter Bingo – Tuesday 24th March 2026

Foodbank Collection

To help encourage generosity and spread some kindness during Lent we will be collecting for Morecambe Foodbank over the next couple of weeks. Items they are short of include: microwave rice, porridge sachets, tinned meat, toothpaste, long life fruit juice, oat/soya milk and toiletries.

Gates

We are expecting our new gates to be fitted on Saturday. This will help with keeping our children safe and will also look aesthetically pleasing as they match the wrought iron railings at the front of school. The gates will be shut by a member of staff at 09:00 and will be opened again at 15:00

Easter Bingo

We cannot wait for our Easter bingo night on Tuesday 24th March. This is open to all children from Starlings' to Harriers 'class. We will start straight after school and finish around 4:45pm. Children will all have the chance to win easter eggs, and will be given something of their own to take home. It is £3.00 to enter. If your child is already booked into ASC club that night, they can come at no extra charge.

Football Match

There will be a football match at Storth next **Wednesday at 15:30**. All are welcome to come and watch. If you can help with lifts, we would very much appreciate it. Leave school at 15:15. Can parents of children who are playing, please collect from Storth Primary school at approx. 16:30

Lunches

Week 3 WC 23.03.26



Next Week...

24.03.26 – Harriers trip to Maritime museum
24.03.26 – PTA Easter Bingo at 15:30 in the hall
25.03.26 – KS2 football match Storth 15:30
25.03.26 – Budget setting meeting – go's
26.03.26 – Last day Spring show entries
27.03.26 – Easter service in church 09:30
27.03.26 – Last day of spring term
28.03.26 – Spring Horticultural show

Please don't forget to check the [online calendar](#) for future events

Attendance

Well done to Bitterns this week

Bitterns 97.8 %

Curlews 97.1%

Harriers 90.6%

AVERAGE SCHOOL 94.8 %

Big Walk and Wheel

We have done really well with this, this week, with just under half of our children cycling, walking or scooting to school each day. It will continue next week. Our sports ambassadors and Eco club will continue to do a 'count up' at the end of each day. Bitterns have been the healthiest this week with 45 journeys to school (last counted Thursday evening). We wonder who will be the winning class next Friday? We are currently in 42nd position out of 145 small primary school across the country. Great work everyone! Remember, if you live far away, you can still get involved by parking in the Methodist church car park and cycling, scooting or walking from there.



Walk/Wheel Cycle Trust
Schwalbe

Big Birthday

We celebrated a very special birthday with Mrs Milligan this week. We thank Mrs Milligan for all she does in school. She organises 'Stay and Play on a Friday'. She is our resident photographer and she is super, super creative. Thank you, Mrs M. We love you! From all at Silverdale St John's

What Parents & Educators Need to Know about ONLINE TRENDS ENCOURAGING VIOLENCE

7 out of 10 teens report seeing violent content on social media, with over half of that content featuring fights involving young people. Most don't 'seek' it but are shown it through social media feeds or messaging groups. 91% of young people involved in violence have seen violent social media content. Viral trends, challenges, or 'wars' that are spread online risk encouraging violence offline, while real-world incidents may also be recorded and promoted online.

WHAT ARE THE RISKS?

ALGORITHMIC EXPOSURE

Social media platforms are designed to keep users engaged, meaning dramatic or extreme content can spread widely and quickly. Algorithms often recommend content that reflects users' past interactions. As a result, young people may see more violent material if they have viewed, commented on, or shared it before. Repeated exposure can make violent content appear frequently in their feeds without them fully understanding why.

WEAPONS AND CRIMINAL RISK

Teens exposed to high levels of real-world violence on social media sometimes report feeling an increased need to carry a weapon for 'self-protection'; however, carrying a weapon increases the risk of victimisation (harm and injury by others) for young people. In addition, carrying a weapon is a serious offence that can lead to police arrest and a criminal record.

SHARING VIOLENT CONTENT

Encouraging or assisting an offence is a crime in the UK, including via social media, and can lead to arrest. This means sharing, forwarding, or reposting violent content carries a risk for young people too. Showing examples of content to a trusted adult is appropriate, but young people should take care not to further spread violent material by posting it online or sharing it within large messaging groups.

FEAR, ANXIETY, AND MARGINALISATION

Research shows young people's emotional wellbeing can be negatively impacted by repeated exposure to violent online content, especially when it depicts 'real-world' violence (as opposed to fictional depictions in games or films). Posts featuring weapons, threats, attacks, and fights – or content that appears to glamorise gang activity – can increase feelings of anxiety or fear among young people. Material that encourages violence targeting people because of their identity, such as their nationality or religion, can also create disproportionate harm for children belonging to those groups.

AVOIDANCE AND ISOLATION

Real-world violence on social media can increase young people's belief that their local communities – or the 'outside world' more generally – are unsafe places. This can result in avoidant and isolating behaviours, which may negatively affect their wellbeing. As well as feeling fearful of others, teens also report feeling judged for spending time together in large groups, which may affect their social interactions and leisure time.

Advice for Parents & Educators

STAY INFORMED

Stay alert for updates from police, schools, or local authorities, and follow the advice provided. Be cautious about unofficial accounts, fake content, and misinformation, which can spread quickly online or in chat groups. Ensure you get accurate information from trusted sources and encourage young people to do the same. Remind them never to share violent content online and to speak to a trusted adult instead.

TALK CRIME AND SAFETY

In most of the UK, the age of criminal responsibility is 10 (12 in Scotland). This means there can be serious criminal consequences for carrying a weapon, taking part in violence, or filming or sharing violent content. Discuss the law with young people alongside practical safety strategies. Ask questions such as: "What could you do if you feel unsafe?" Work together on action plans and remind them they can contact a trusted adult or the police if they witness or experience violence.

DISCUSS SOCIAL MEDIA

Encourage young people to talk about the content they see online and the effect it can have. This can be an opportunity to discuss topics such as misinformation, AI-generated material, the attention economy, and algorithms, helping them understand how and why extreme content can spread online. Explore tools available to block, report, and remove harmful content, and signpost where to get support and advice, such as reportharmfulcontent.com.

ENCOURAGE POSITIVE ACTION

Focus on strengthening young people's positive experiences both online and within their local communities. Discuss strategies to reduce negative social media effects, such as time limits, unfollowing certain accounts, or taking breaks from apps. Encourage offline activities such as spending time with friends, visiting local places, and taking part in hobbies that bring them joy, purpose, and connection. Remind them they can seek support with any concerns at any time via childline.org.uk.

Meet Our Expert

Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading UK expert in media law, online safety, and young people. Her PhD investigates youth understandings of criminal and legal risks in a digital context. She works in schools to provide award-winning education on the criminal, legal, and ethical considerations of rapidly advancing technologies.



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Breakfast & After School Club

Safe, fun, and friendly care for your children before and after school!



Breakfast Club

7:45 AM – 8:45 AM

Enjoy a healthy breakfast, fun activities, and great start to your day!



After School Club

3:15 PM – 5:30 PM

Homework support, games, creative activities, and lots of fun with friends!



 Book Your Place Today!

Contact: 01524 701467

bursar@silverdale.lancs.sch.uk
h.robison@silverdale.lancs.sch.uk

- Experienced and caring staff
- Safe, welcoming environment
- Snacks and drinks provided

www.silverdale.lancs.sch.uk

STAY & PLAY



Our sessions are
every Friday
morning.
Term time
In our early years
classroom.
09:00-10:30
All welcome



Silverdale St John's Primary School