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8th October 2026

Dear Parent/ Guardian,

Please find attached a copy of the new Autumn Term 2026 dinner menu.

The new Dinner Menu is based on the usual 3 week rolling menu. Please sit down with your child and make your choice over the 3 weeks. Circle your child's choice of meal, over the 3 weeks and return back to the office. If the choice isn't to your liking you may choose a sandwich please mark on the day your sandwich choice of filling, Ham, Tuna, Cheese or Jam on the sheet.

The new menu will start week commencing Monday 2nd November – Week 2.

Please note that the dinner menu for:- w/c 9th November will be Week 3
w/c 16th November will be Week 1
w/c 23rd November will be Week 2, etc

ALL Key Stage One children are entitled to a Free School Meal. If you wish to take up this entitlement please circle or highlight the menu choices and return to school. However, if your child does not want a school meal please send in a packed lunch.

For KS2 and Nursery children, the cost is £2.90 per meal and payment should be paid in advance. The most secure and preferred way to pay would be through SCOPAY. Payments may also be paid by cheque **(payable to Lancashire County Council)** or cash. Occasionally I will send out email reminders.

Could I just remind everyone to please email or phone school before 9.00am if your child is going to be absent as I phone Carnforth Kitchen every morning with the day's numbers of meals around 9.30am, so it is important that if your child is going to be late, or is ill, that you contact the school. Because either your child's meal may be cancelled or you may be charged for a meal that your child won't be eating.

We hope that everyone will be happy with the new menu.

Please return your completed sheet by Friday 16th October at the latest.

Yours faithfully,

Mrs J Taylor
Admin Officer

	F+ Autumn & Winter 2026-2027	MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
WEEK ONE ***Weeks Commencing:*** 16th November 7th December 28th December 18th January 8th February 1st March 22nd March 12th April	**Traditional Choice**	Hunter's Style Chicken or Quorn with Paprika Potatoes & Vegetable Medley	Beef or Vegetarian Spaghetti Bolognaise with Homemade 50/50 Garlic Bread & Salad Selection	Pork or Vegetarian Sausages Yorkshire Pudding & Gravy with Mashed Potatoes & Seasonal Vegetables	Homemade Chicken or Quorn Tikka Curry with Mixed Rice & Naan Bread	Golden Crumb Fish or Vegetable Fingers with Oven Baked Chips & Garden Peas
	Alternative Choice	Tomato & Mascarpone Pasta with Homemade 50/50 Herby Bread & Salad Selection (v)	Salmon & Sweet Potato Fishcake with Potato Wedges Garden Peas & Sweetcorn	Pasta Twists & Tomato Sauce with Homemade 50/50 Dough Balls & Salad Selection (v)	Lancashire Butter Pie with Vegetable Medley or Baked Beans (v)	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
	Jackets & Sandwiches	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips
	Dessert Choices	Oaty Fruit Crunch & Custard or Fruit Yoghurt ~ Fruit Selection & Milk	Marble Shortbread Biscuit or Fruit Yoghurt ~ Fruit Selection & Milk	Cook's Choice of Mousse or Fruit Yoghurt ~ Fruit Selection & Milk	Mixed Fruit Medley or Fruit Yoghurt ~ Fruit Selection & Milk	Cook's Choice of Cookie or Fruit Yoghurt ~ Fruit Selection & Milk
WEEK TWO ***Weeks Commencing:*** 2nd November 23rd November 14th December 4th January 25th January 15th February 8th March 29th March		**MEAT FREE MONDAY**	**SUGARWISE TUESDAY**	**WEDNESDAY**	**SUGARWISE THURSDAY**	**FRIDAY FAVOURITES**
	Traditional Choice	Mediterranean Vegetable Panini Melt with Herby Potatoes Garden Peas & Sweetcorn (v)	Mild Fajita Style Chicken or Quorn with Mexican Style Rice, Tortilla Wrap & Salad Selection	Roast Gammon or Vegetarian Meatballs Yorkshire Pudding & Gravy with Roast Potatoes & Seasonal Vegetables	British Beef & Pork or Vegetable Burger in a Bun with Potato Wedges & Homemade Coleslaw	Crispy Battered Fish Fillet or Vegetable Fingers with Oven Baked Chips & Mushy Peas
	Alternative Choice	Pasta Spirals & Tomato Sauce with Homemade 50/50 Dough Balls & Salad Selection (v)	Puff Pastry Cheese Whirl with Paprika Potatoes Vegetable Medley or Baked Beans (v)	Tomato & Mascarpone Pasta with Homemade 50/50 Herby Bread & Salad Selection (v)	Vegetable & Chickpea Curry with Mixed Rice & Naan Bread (v)	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
	Jackets & Sandwiches	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection (v)	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips
	Dessert Choices	Creamy Rice Pudding & Mixed Berries or Fruit Yoghurt ~ Fruit Selection & Milk	Mixed Fruit Medley or Fruit Yoghurt ~ Fruit Selection & Milk	Oat & Cherry Cookie or Fruit Yoghurt ~ Fruit Selection & Milk	Vanilla Shortbread Biscuit or Fruit Yoghurt ~ Fruit Selection & Milk	Cocoa Krispie Cake or Fruit Yoghurt ~ Fruit Selection & Milk
WEEK THREE ***Week Commencing:*** 9th November 30th November 21st December 11th January 1st February 22nd February 15th March 5th April		**MONDAY**	**SUGARWISE TUESDAY**	**WEDNESDAY**	**SUGARWISE THURSDAY**	**FRIDAY FAVOURITES**
	Traditional Choice	Big Brunch Pork or Vegetarian Sausages Free Range Omelette Crispy Potatoes & Baked Beans	Savoury Beef or Vegetarian Mince with Yorkshire Pudding Mashed Potatoes & Green Beans	Roast Chicken or Quorn Fillet Sage Stuffing & Gravy with Baby Potatoes & Seasonal Vegetables	Homemade Chicken or Quorn Korma Curry with Mixed Rice & Naan Bread	Golden Crumb Fish or Vegetable Fingers with Oven Baked Chips & Garden Peas
	Alternative Choice	Tomato & Mascarpone Pasta with Homemade 50/50 Herby Bread & Salad Selection (v)	Vegetable Quesadilla with Rainbow Rice & Salad Selection (v)	Pasta Tubes & Tomato Sauce with Homemade 50/50 Dough Balls & Salad Selection (v)	Vegetarian Sausage Roll with Paprika Potatoes Vegetable Medley or Baked Beans (v)	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
	Jackets & Sandwiches	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips
	Dessert Choices	Fruity Flapjack or Fruit Yoghurt ~ Fruit Selection & Milk	Lemon Shortbread Biscuit or Fruit Yoghurt ~ Fruit Selection & Milk	Cook's Choice of Jelly or Fruit Yoghurt ~ Fruit Selection & Milk	Mixed Fruit Medley or Fruit Yoghurt ~ Fruit Selection & Milk	Cook's Choice of Cupcake or Fruit Yoghurt ~ Fruit Selection & Milk